

# Health and Wellness Educator Position Description

## Children's Hunger Alliance (CHA)

CHA is a statewide nonprofit organization committed to feeding hungry minds and bodies and raising awareness of childhood hunger through education, advocacy, and service so children will be well nourished, healthy, and thrive.

Health and Wellness Educators will educate children and their parents/guardians about the importance of nutrition, physical education, and a healthy lifestyle to break the cycle of childhood hunger and obesity in Ohio's communities.

## Key Position Responsibilities

- Lesson plan development for nutrition education (Food Folks) and physical education (CATCH) lessons.
- Assisting and teaching Food Folks and CATCH lessons to K-8 children in after-school programs.
- Collaboration with AmeriCorps Members and CHA staff to improve outreach, education, and food access in their community through special events and projects.

## Benefits

- Gain invaluable skills in teaching, classroom management, lesson plan development.
- Professional growth in the area of health education with opportunities to expand your responsibilities within the position.
- Exposure and networking within the Ohio Department of Education and various health and education related organizations working in Ohio communities.
- Health and Wellness Educators will have the opportunity to utilize their background and skills to contribute ideas for furthering the cause of CHA.

## You May Be Interested If:

- You enjoy working with and educating kids.
- You have an interest in food, nutrition, public health, education, or fitness/physical education.
- You are a current or previous teacher or educator, or are interested in becoming a community educator in the future.

## Training:

- Attend orientation and training session on Food Folks and CATCH Programs.
- Shadow AmeriCorps Members serving as Health and Wellness Educators in lesson planning and teaching activities.

## Schedule and Commitment:

- Able to commit to at least one after-school site for the duration of programming for this volunteer position. (Lessons generally are 1 hour long occurring 1-2 times per week for a duration of 10-12 week rotation cycles, scheduling is flexible).
- Able to commit to time outside of programming for lesson plan development.

## To Apply:

Email CHAvolunteersSW@gmail.com with your resume and a brief paragraph describing your interest in the position. Please include the position title in the subject line. High quality candidates will then be selected for a phone interview.